

**Sunday**  
**22 May 2016**

11am – 3pm



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# 'Tamar Tootle' Day

A family fun cycle/walk  
round Upper Tamar lake

with quiz questions  
and a nature check sheet

There is a café and picnic benches,  
plus the new play area beside the café is open.

The 'Tamar Tootle' is an easy-standard wide grit cyclepath, that undulates through magnificent lakeside scenery. It is 5km long and suitable for beginner-level cyclists. However, the surface is a bit rough for small-wheel scooters on much of the route. A shorter 1km route with a quiz is available; this may be better for scooters.

There is no event entry fee; just collect your quiz sheet from the start desk (beside the car park\*) any time between 11am and 3pm and set off on your chosen route. Children should be accompanied by responsible adults.

(\* normal pay and display charges apply)

For more information see:

[www.atlantictrail.co.uk/tamar-tootle.htm](http://www.atlantictrail.co.uk/tamar-tootle.htm)

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